

How to Apply for General Relief by Mail

General Relief (GR) is a program funded by Los Angeles County for persons in need who are not eligible for other federal or State assistance programs, such as CalWORKs, Supplemental Security Income (SSI), Disability Insurance Benefits (DIB), etc. GR includes a monthly cash grant of \$221 for one person, and \$375 for a couple.

GR Eligibility Requirements

In order to be eligible to receive GR you must meet all of the following requirements:

- You must be a resident of Los Angeles County.
- You must provide a photo ID, in person, at the time of GR application to verify your identity unless you have previously provided a copy.
- Applicants must declare their citizenship status and provide verification or have verification on file.
- Your monthly net income (after deductions) must be lower than the maximum GR grant of \$221 for one person.
- Your personal property must have a combined value of \$2,000 or less per household.
- You may only own one motor vehicle and it must be valued at \$4,500 or less. If you are homeless and use your motor vehicle as a residence, you may only own one motor vehicle and it must be valued at \$11,500 or less.
- Cash on hand or in a bank account valued at \$100 or less at application, or \$1,500 or less after approval.
- Real Property (home) has an assessed value of \$34,000 or less and an applicant must sign a lien, allowing the County to recover GR payments received under certain circumstances.

Who is Not Eligible for GR?

An individual is ineligible to GR if he or she:

- Does not meet the criteria above.
- Is in violation of probation or parole.
- Is fleeing to avoid prosecution or custody/confinement after a felony conviction.

**If you would like to apply for GR benefits,
follow the steps in this guide and visit the DPSS Your Benefits Now GR webpage
at <https://dpssbenefits.lacounty.gov/ybn/SignInPage.html>.**

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Please fill out these forms to apply for GR. It is important that you provide a telephone or message number and mailing address, if you have one, so that we can contact you for follow-up questions. If you are homeless, you can give us a mailing address, or choose a GR district office to pick up your mail.

STEP 1 Please complete all the following forms as we will need these forms to start your application for GR benefits. Click on the form name to open and print.

- [General Relief Application \(GR 20\)](#)
- [General Relief Rights and Responsibilities \(GR 21\)](#)
- [Authorization for Reimbursement of Interim Assistance Initial Claim or Posteligibility Case \(SSP 14\)](#)

Please complete the following forms, ONLY IF they apply to you.

A. If you are homeless:

- [Homeless General Relief Emergency Housing/Food Assistance Decision \(ABP 532\)](#)
- [Important Notice About A Mailing Address \(PA 1815\)](#)

B. If you are not able to work because of a physical health condition/illness, you can ask your doctor to complete the form(s):

- [Physical Health Assessment for General Relief \(ABP 1676-1\)](#)
- [Authorization for Use and Disclosure of Protected Health Information \(ABP 1676-2\)](#)

C. If you are not able to work because of a mental health condition, you can ask your Mental Health provider to complete the forms:*

- [Mental Health Assessment for General Relief \(PA 1676-3 GRMH\)](#)
- [Authorization for Use and Disclosure of Protected Health Information \(PA 1676-4 GRMH\)](#)

D. If you apply as a household of two or more:

- [General Relief Application Supplemental \(GR 20, Page 4\)](#)
- [Household Member Information Form \(PA 6091\)](#)

***If you do not have a mental health provider, you can see one at the GR office during your appointment with your GR worker.**

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STEP 2 Please submit verification of the following, if they apply to you:

- If you work or receive any income (for example: wages/tips, UIB, DIB, SSI, VA benefits, Workers Comp, pension pay, settlement payments, etc.)
- If you own any Bank Accounts, IRA's, Trust Funds etc.
- If you own a car, motor home, home, any other property, etc.
- If you pay rent/mortgage/utilities

Click on the [Most Commonly Requested Documents link](#) to get a list of required verification documents/proof needed to apply for GR.

STEP 3 Mail your GR application along with the rest of your GR forms and any other documents to:

**Department of Public Social Services
P.O. Box 1580
Inglewood, CA 90308-1580
ATTN: GR APPLICATION**

- **A worker will call you to schedule an appointment at a GR office within five business days of receipt of your application.**
- **During your appointment the worker will:**
 - ✓ Go over your GR application and forms you submitted to determine if additional information is needed.
 - ✓ If your application is complete, determine if you are eligible for GR.
 - ✓ Inform you if you are eligible to receive emergency housing, if you need it.
 - ✓ Issue an EBT card, if needed.
- **You can also apply for other programs by visiting DPSS “Your Benefits Now” webpage at:**
<https://dpssbenefits.lacounty.gov/ybn/SignInPage.html>
- **Or, you may tell your GR worker at your scheduled appointment that you would like to apply for other programs.**

Get Help if you:

- **Need help filling out these forms, please ask us for assistance.**
- **Need a reasonable accommodation, please ask us at (844) 586-5550.**
- **Have any questions about your mailed-in application, please call the GR Mail-In/e-Fax Information Line at (866) 488-8482.**