

# We've Got You Covered



## **LOS ANGELES COUNTY**

### **GUIDE TO FREE AND LOW-COST HEALTH CARE SERVICES**

We care about your health. This Guide contains many free and low-cost health care services/programs for Los Angeles County residents. There are health programs to cover the needs of everyone regardless of age, race or immigration status. We have programs for: pregnant women, children, adults, families and persons who are blind, disabled or age 65 and older.

This Guide is divided into separate categories for your convenience. Each category is color-coded to make it easier for you to locate the health programs/services you may wish to contact.

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*For a free copy of this Guide, please call the toll-free County Health & Nutrition Hotline at **1-877-597-4777***

## **PREGNANT WOMEN**

### **MEDI-CAL**

**1-877-597-4777**

**Website: <http://www.ladpss.org>**

If you are pregnant, the Medi-Cal Program provides free or low-cost pregnancy-related health care coverage for low-income women. You may receive these services from a Medi-Cal doctor of your choice. You may apply at the local Department of Public Social Services (DPSS) Office or at many clinics, schools and service agencies in your community. If you would like a mail-in application, call the County Health & Nutrition Hotline at 1-877-597-4777.

### **MEDI-CAL MANAGED CARE**

**L.A. CARE 1-888-452-2273**

**HEALTH NET 1-800-327-0502**

If you receive Medi-Cal, you may join one of many health plans which provide quality medical care. The health plans in Los Angeles are divided into two Managed Care Organizations: L.A. Care and Health Net.

If you have any questions/problems with one of the plans in which you are enrolled call: **HEALTH CARE OPTIONS 1-800-430-4263.**

If you still have a problem with your health plan call:

**MEDI-CAL MANAGED CARE OMBUDSMAN 1-888-452-8609**

**or call the Health Consumer Center at 1-800-896-3203.**

### **FREE AND LOW-COST HEALTH SERVICES**

**1-800-427-8700**

**Website: <http://www.dhs.co.la.ca.us>**

If you need medical services, they are available at public and private clinics, hospitals and many other locations and can be provided at no cost depending on your income. Medical services, including tests and prescriptions, are provided on an ability-to-pay basis. Please call the above telephone number for the location nearest you.

